

# Practice Newsletter

## February 2025

ST JOHN'S  
MEDICAL  
CENTRE



### STAFF INFORMATION



- We have sadly said goodbye to our HR Manager.
- We have appointed a Payroll, finance & admin administrator.
- We have welcomed two new salaried GP's.

Our best wishes to all of you in your new roles.



### Thank you for 30 years of service and commitment to St John's Medical Centre

Jill Preston one of our Practice Administrators has recently reached her 30 years of service at St John's Medical Centre.

We applaud her determination and effort that she has demonstrated during her time with us. We hope he this continues for many years to come.

### Essential maintenance

The Surgery is carrying out some essential maintenance works.

We apologise for any inconvenience this may cause and thank you for your cooperation.



### Your surgery needs you!

Have you ever thought about joining our  
**Patient Participation Group?**



### Patient Participation group (PPG)

Please ask a member of our Reception team for a patient participation group welcome pack.

Alternatively please email  
[licb.practicesecretaries@nhs.net](mailto:licb.practicesecretaries@nhs.net)

# Think pharmacy first for children this winter



**NHS**



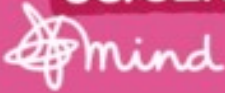
- Sore throat (5 and over)
- Sinusitis (12 and over)
- Earache (17 and under)
- Impetigo (1 and over)
- Infected insect bite (1 and over)

Your pharmacist can provide advice and treatment if your child is suffering from a sore throat, earache, sinusitis, impetigo and infected insect bites. Just think pharmacy first.

**Private consultation  
rooms available**

**time to  
talk day**

**06/02/25**



Rethink  
Mental  
Illness.

**TIME TO TALK DAY 2025**  
THURSDAY 6 FEBRUARY  
LET'S GET TALKING!

Did you know we can  
send updates and reminders  
via text message?



You can opt in or opt out of  
receiving any text messages.



**NHS Healthy Start can help  
your family stay healthy**

Apply now for NHS Healthy Start at:  
[www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)

@NHSHealthyStart

Pregnant women and people with children under four who are on low incomes could get extra help with NHS Healthy Start.

People on the scheme receive regular payments to spend on healthy food and milk and can collect free Healthy Start vitamins.

Find out more information on healthy start by clicking on the link below.

Further details can be found on our  
website or ask at reception.

<https://www.healthystart.nhs.uk/>